

Leon Melnicenko

Expert Level

Workout Templates

30 Expert Templates!

*Document your best workouts
and drills, the easy way*

EXPERT-LEVEL WORKOUT TEMPLATES

Hey, thank you for signing up.

I'm Leon, an ex-British Marine turned group fitness trainers.

As a big thank you for signing up to our email list, we're giving you one of our best-selling products from our online store, [group fitness class ideas](#).

Expert Level Workout Templates is a simple system for documenting workouts, drills and challenges and exercises.

You'll discover 30 amazing templates that will help you to plan your workouts much faster and with an almost infinite level of variety.

Instructions:

Step 1: Watch the training video, [click here!](#)

Step 2: Download and print the PDF workbook, [click here!](#)

Step 3: Canva template link, [click here!](#)

Note: Since making the training video, I have upgraded the library with ten new templates. There are now 30 instead of 20. Each time I update the library, I will give you the upgrade at no additional cost.

If you have any questions about these templates, you can reply to any of my daily emails.

Kind Regards

Leon Melnicenko

P.S If you're in need of some fresh training ideas, please checkout the following.

[Workout Design Club](#): A unique workout builder for group trainers.

[Group Fitness Class Ideas](#): My online store where you can purchase specific drills.

